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# Thorpe Primary School Rights Respecting School Newsletter

"It's good to get a golden ticket as it makes children eat more healthily. I asked my mum not to put a chocolate bar in my lunch!"

#### Alicia Year 5

"The golden ticket makes children make healthy choices by themselves without being told." Mahek Year 5

"It motivates you to complete the challenge." Malayka Year 6

"It's making me eat all my healthy food in my packed lunch." Sreya Year 4

"The seeded bread was tastier than I thought." Naomi Year 4 Hot off the press!

#### Golden Lunchtime!

The children have been very excited about the new 'Golden Lunchtime' a system that rewards children for Rights Respecting behaviour during the lunch break.

The Rights
Respecting Council
have chosen articles
from the United
Nations Convention
on the Rights of the
Child for children to
focus on each term.

This term, children are thinking about Article 24:

### You have the right to make healthy choices

Children who exercise
their right will be given
a golden raffle ticket
and entered into a
raffle to win an amazing
'Golden Lunchtime'
experience! We are
pleased that children
are already making
sensible choices for
their lunch, hoping to
win as many raffle
tickets as possible!









"Healthy food is better than I imagined it would be."

Serah Year 4

"You get to sit at the Golden Table with your friends." Sufyan Year 2

"I got a golden ticket for eating healthy food."

Rahimah Year 2

"I like collecting the golden tickets to put in the box, because I want to win the treat!." Musa Year 1

"I got a golden ticket for a healthy jacket potato and salad bar."

Ella Year 3

#### WEBSITE PAGE

www.thorpeprimary.co.uk , News & Events, Rights Respecting School



These are our Rights Respecting Lunchtime articles:

Article 12: Respect for the views of the child You have the right to express your views, feelings and wishes in all matters affecting you, and to have your views considered and taken seriously.

Article 14: Freedom of thought, belief and religion You have the right to think and believe what you choose and also to practice your religion, as long as you are not stopping other children from enjoying their rights.

#### Article 15: Friends and Groups

You have the right to choose your own friends, join clubs and select equipment, respecting your peers right to do the same.

#### Article 24: Keeping Healthy

You have the right to make healthy choices. You have the right to eat in a clean and safe environment. Information is available from lunchtime staff to help you stay well.

Article 31: Leisure, play and culture

You have the right to relax, play and take part in a wide range of cultural and artistic activities.











On 2nd March Mrs Charlton and I went on a course in York - 101 Ways to Implement the Rights Respecting School Articles Or was it 1001 I lost count in the whirlwind of a day. One activity after another was presented, some of which we were able to actually take part in whilst anxiously watching the snow pile up outside! By the end of the day we were exhausted, but full of ideas for how we could make the Rights Respecting School Articles more meaningful to the children. Luckily, the thick snow had completely melted away and we spent the train journey pooling our thoughts for the staff meeting. At this event, the staff experienced four of the activities we had learnt, ably assisted by members of the Rights Respecting School Council. Both staff and Council members were then eager to use the activities in class to spread the ideas to all the children Here are some pictures of us learning together.

Mrs O'Neill

WEBSITE PAGE

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As part of our Right
Respecting Council
duties we joined a staff
meeting. We did 3
different activities with
the staff, duty bearers,
word families and culture
box.

Sophia-Year 5

My favourite part of the meeting was duty bearers where we learnt the importance of people who worked in the school

Malayka-Year 6





We listened to an

American Rights

Respecting Rap and ate biscuits and drank juice.



Abiel—Year 5 & Daniel—Year 6



"It's a good thing we have the golden ticket challenge, so people can eat more healthier and get fit."

#### Lucy Year 4

"It's good to get a golden ticket so that you get healthy."

Gio Year 4

"Eat healthy, win a prize."

Gagandeep Year 6

"It's a fabadabadocious idea!" Hannah Year 6

"The golden ticket is making me have a better diet. I am not eating unhealthy things such as crisps and chocolate." Angel-Rose Year 4

"It's good to get a golden ticket so people can be healthy and work hard in lessons."

Zakkiyah-Year 4



## MRS CRESSWELL'S HEALTHY MASTERPIECES













