

## **School Packed Lunch Ingredients**

### **Ingredients for Cheese Roll**

Bread Roll – wheat flour, Yeast, Salt, Rapeseed Oil, Soya Flour, Acidity Regulator E170, Emulsifiers: E472e, E481, Flour Treatment Agent E300, Enzymes

Margarine – Plant oils (sunflower, rapeseed, palm, linseed) water, salt, plant-based emulsifier (sunflower lecithin), vinegar, natural flavourings, vitamin A.

Cheese – Milk, Salt, Starter Culture, Microbial Renne

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### **Ingredients for Rice Crispy Cake**

Butter – Vegetable oils in varying proportions (75%) (rapeseed, palm, sunflower), water, salt (1.38%), emulsifier (mono and diglycerides of fatty acids), acid (citric acid), vitamin A and D, colour (carotenes), flavourings.

Toasted Rice Cereal – Rice, Sugar, Salt, Barley malt flavouring. Vitamins & Minerals: Niacin, Iron, Vitamin B6, Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin), Folic acid, Vitamin D, Vitamin B12

Syrup – Partially inverted refiners syrup

Chocolate – Sugar, vegetable oil (palm), whey powder (Milk), Wheat flour (with calcium, iron, thiamine (B1), niacin (B3), fat reduced cocoa powder (6%) emulsifiers (Soya lecithins, polyglycerol polyricinoleate), flavouring.