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Head Teacher: Miss E Anderson
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Deputy Head: Mrs N Oxe



12th December 2023

Dear Parent/Carer,

PANTS Lessons- Relationships Education and Health Education

After the Christmas holidays we will be carrying out an RSE session across the Primary school called 'Talk PANTS, Stay Safe.' This work forms part of an ongoing programme of RSE, which we deliver throughout the school. This session will cover some elements of Science, Relationships Education and Health Education. The resources being used in the session are from the NSPCC website and more information can be found using the following link:
<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

During this session and any follow up discussions, your child will be engaging in the below learning:

- Understanding and learning the PANTS rules
- Naming body parts and knowing which parts should be private
- Knowing the difference between appropriate and inappropriate touch
- Understanding that they have the right to say "no" to unwanted touch
- Starting to think about who they trust and who they can ask for help.

We encourage you to discuss these areas with your children before, during or after our topic, as children say that they greatly value being able to talk with their parents/carers about these issues.

In school we aim to help children to learn to respect themselves and others and move safely and confidently from childhood, through adolescence, into adulthood. We deliver much of this work through Relationships Education and Health Education, which are statutory parts of the broader subject, PSHE. As part of our programme, we provide Relationships and Sex Education (RSE). This programme begins as soon as children arrive in school and continues until the end of secondary school. We are very aware that the RSE we deliver in school is only a small part of children's learning about their bodies, keeping safe, emotions, relationships and themselves. The majority of children's learning in this area takes place with you at home.

You have the right to withdraw your child from the elements of our programme defined as sex education i.e. learning about human conception and birth. There are no elements of non-statutory sex education taught with the PANTS lessons.

Yours faithfully,

Miss Neville

Miss Neville
PSHE Lead

