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Head Teacher: Miss E Anderson
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12th December 2023

Dear Parent/Carer,

PANTS Lessons- Early Years

After the Christmas holidays we will be carrying out an RSE session across the Primary school called 'Talk PANTS, Stay Safe.' This work forms part of our learning in the area of Personal, Social and Emotional Development. The resources being used in the session are from the NSPCC website and more information can be found using the following link: <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

Talk PANTS encourages adults to have simple conversations with their children to help keep them safe, teaching children five key messages:

- Privates are private.
- Always remember your body belongs to you.
- No means no.
- Talk about secrets that upset you.
- Speak up, someone can help.

Although some parents may feel this is a sensitive area to discuss with their child, we feel that sharing messages such as these with children at an early age can be very beneficial in helping protect your child. Research from the NSPCC also suggests that the messages are most valuable when taught at a young age. We encourage you to discuss these areas with your children before, during or after our topic.

Learning will involve activities such as: listening to the Pantosaurus song; reading stories such as Aliens Love Underpants; decorating pants templates; circle time discussions about special people in our lives and rules and routines e.g. when going to the toilet.

All sessions and learning will be carried out in an age appropriate way, through play, as we do with all learning in early years. If you have any questions at all about the sessions please do speak with your child's class teacher.

Yours faithfully,

Miss Neville

Miss Neville
Early Years Leader and PSHE Lead

