



Thorpe Primary School
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1st March 2024

Dear Parents and Carers,

Ramadan 2024

Ramadan is approaching and we recognise that this is an important period in the Islamic calendar. We are aware that a few children would like to fast during this period, and we would like to support children to do this as much as is practicable in school. In accordance with our duty of care to ensure the children are safe and cared for at school, we have to put some conditions in place for children who are fasting.

We ask that only children in Year 4 or above consider fasting.

I would ask that you complete a consent form via this link: <https://forms.office.com/e/4W1QRtsxmE>

to confirm that you want your child to fast in school with the following conditions:

- If there are any concerns about a children who is fasting, the school will apply its overriding safeguarding duty on a case by case basis;
- If staff notice signs of dehydration or exhaustion in a child who is fasting, the child will be advised to terminate the fast immediately by drinking water, in accordance with the school's health and safety duties;
- All children should be in a position to participate in compulsory activities such as PE and swimming;
- Children who are fasting are able to take part in some physical activities, and should not continue their fast if at risk of overheating or dehydration;
- A child who is fasting must take responsibility for themselves to not do strenuous exercise as they will be at high risk of headaches, tiredness and drowsiness due to dehydration;
- We will inform parents/carers immediately if their child, who is fasting, becomes unwell.

For families observing Ramadan, we wish you well. We look forward to celebrating Eid with a special lunch for all students and staff 18th April 2024.

We would like to take this opportunity to wish Ramadan Mubarak to our community.

Yours sincerely

Miss E Anderson

Headteacher



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