



Thorpe Primary School
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CHALLENGE · INSPIRE · SUCCEED

Headteacher: Miss E Anderson

Deputy Head: Mrs P Jeremaes

Deputy Head: Mrs N Oxe

22nd October 2024

Dear Parents and Carers,

We warmly invite you to join our Parent Led Behaviour sessions, facilitated by the Mental Health Support Team. The course will be held within school and is free of charge. This offer is open to all parents of Reception and Year 1 children and will be held on the following dates, between 2pm and 3:20pm:

Session 1	Monday 18th November
Session 2	Monday 25th November
Session 3	Monday 02nd December
Session 4	Monday 09th December
Session 5	Monday 16th December

The topics covered in the course are:

- Psychoeducation on behaviour: exploring where behavioural difficulties come from, and how they are maintained.
- Using special time to build on positive relationships.
- Praise, rewards, routines, and boundaries to promote positive behaviours.
- Using effective commands and appropriate consequences.
- Withdrawing attention from challenging behaviours.
- Coping strategies to help children emotionally regulate.

The sessions will be delivered by professionals and therefore a pre course consultation phone call will be offered. This allows course facilitators to ensure that each parent receives the support to achieve their personal goals of effectively parenting their child.

Spaces are limited and will therefore be offered on a first come, first served basis. If there is substantial interest, then we will endeavour to offer a further course to meet the demand.

Unfortunately, we will be unable to accommodate younger siblings and children in the sessions.

To secure your space please complete the form by 12pm, on Thursday 24th October

<https://forms.office.com/e/5gbukrTxUm>

Yours sincerely

Miss L Mastrocinisino

Pastoral Support



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 ACADEMIES TRUST