



Curriculum Overview: PSHE



	N3-4	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn	Building relationships Developing independence Managing emotions	Managing own needs Building relationships Expressing and considering feelings	Beginning Belonging BB12 Family and Friends FF12 Anti-Bullying AB12	Right, Rules and Responsibilities RR12 My Emotions ME12 Anti-Bullying AB12	Beginning Belonging BB34 Family and Friends FF34 Anti-Bullying AB34	Right, Rules and Responsibilities RR34 My Emotions ME34 Anti-Bullying AB34	Beginning Belonging BB56 Family and Friends FF56 Anti-Bullying AB56	Right, Rules and Responsibilities RR56 My Emotions ME56 Anti-Bullying AB56
Spring	Developing confidence Following rules Talking about emotions	Resilience and perseverance Health and wellbeing Identifying and moderating own feelings	Diversity and Communities DC12 Relationships and Sex Education RS1 Drug Education DE12	Working Together Wt12 Financial Capability FC12 Relationships and Sex Education RS2	Diversity and Communities DC34 Relationships and Sex Education RS3 Drug Education DE34	Working Together Wt34 Financial Capability FC34 Relationships and Sex Education RS4	Diversity and Communities DC56 Relationships and Sex Education RS5 Drug Education DE56	Working Together Wt56 Financial Capability FC56 Relationships and Sex Education RS6
Summer	Playing with peers Making healthy choices Caring for our environment	Positive opinion of themselves Expressing, identifying and moderating feelings Thinking of the perspective of others	Personal Safety PS12 Health Lifestyles HL12	Managing Safety and Risk MSR12 Digital Lifestyles Managing Change MC12	Personal Safety PS34 Health Lifestyles HL34	Managing Safety and Risk MSR34 Digital Lifestyles Managing Change MC34	Personal Safety PS56 Health Lifestyles HL56	Managing Safety and Risk MSR56 Digital Lifestyles Managing Change MC56