















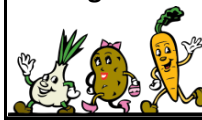





First Name Surname **NURSERY**

****All of our meals are Home Made with Fresh Vegetables**** Fresh Bread is available every day  *Meals with this symbol  **Gluten Free option****

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice 1 	Chicken & Sweetcorn Pasta served with Garlic Bread	Lamb & Mint Burgers in a Bap served with Herby Diced Potatoes	Beef & Pepper Pizza with Chips 	Chicken Fajita served in a Tortilla Wrap 	Creamy Fish Pie Topped with Cheesy Mashed Potato
Choice 2 	Cheese, Cherry Tomato & Sweetcorn Pasta served with Garlic Bread	Bean Burgers with Tomato Relish in a Bap served with Herby Diced Potatoes	Cheese & Tomato Pizza with Chips 	Spicy Vegetable Fajita served in a Tortilla Wrap 	Baked Bean Pie topped with Cheesy Mashed Potato 
Choice 3 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc) 
Choice 4 	Tuna & Tomato Pasta Pot	Wholemeal Salmon Sandwich 	Tuna & Sweetcorn Wrap	Egg Roll	Chicken Salad Baguette
Choice 5 	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Toasted Cheese Sandwich
To go with 	Broccoli	Carrot Batons	Baked Tomatoes	Corn on the Cob (S)	Cabbage
	Peas/Broad Beans	Sweetcorn	Baked Beans	Sweet Potato Wedges	Peas
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
 *** Yoghurt & Fresh Fruit are available every day *** 					
Dessert 	Banana Cake	Treacle Pudding & Evaporated Milk	Popcorn	Mini Ginger Biscuit & 1/2 piece of Fruit	Scone & Jam

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.