















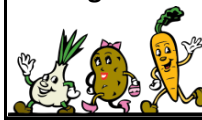





First Name Surname **NURSERY**

****All of our meals are Home Made with Fresh Vegetables**** Fresh Bread is available every day  *Meals with this symbol  **Gluten Free option****

| Week 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|---|
| Choice 1  | Chicken & Sweetcorn Pasta served with Garlic Bread | Lamb & Mint Burgers in a Bap served with Herby Diced Potatoes | Beef & Pepper Pizza with Chips  | Chicken Fajita served in a Tortilla Wrap  | Creamy Fish Pie Topped with Cheesy Mashed Potato |
| Choice 2  | Cheese, Cherry Tomato & Sweetcorn Pasta served with Garlic Bread | Bean Burgers with Tomato Relish in a Bap served with Herby Diced Potatoes | Cheese & Tomato Pizza with Chips  | Spicy Vegetable Fajita served in a Tortilla Wrap  | Baked Bean Pie topped with Cheesy Mashed Potato  |
| Choice 3  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc)  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc)  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc)  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc)  | Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc)  |
| Choice 4  | Tuna & Tomato Pasta Pot | Wholemeal Salmon Sandwich  | Tuna & Sweetcorn Wrap | Egg Roll | Chicken Salad Baguette |
| Choice 5  | Cheese Sandwich | Cheese Sandwich | Cheese Sandwich | Cheese Sandwich | Toasted Cheese Sandwich |
| To go with  | Broccoli | Carrot Batons | Baked Tomatoes | Corn on the Cob (S) | Cabbage |
| | Peas/Broad Beans | Sweetcorn | Baked Beans | Sweet Potato Wedges | Peas |
| | Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
|  *** Yoghurt & Fresh Fruit are available every day ***  | | | | | |
| Dessert  | Banana Cake | Treacle Pudding & Evaporated Milk | Popcorn | Mini Ginger Biscuit & 1/2 piece of Fruit | Scone & Jam |

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.