


First Name Surname **NURSERY**

****All of our meals are Home Made with Fresh Vegetables**** Fresh Bread is available every day  ****Meals with this symbol**  **ire Gluten Free option****

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice 1 	Beef Spaghetti Bolognese & Garlic Bread	Roast Pork with Mashed Potatoes 	Pepperoni Pizza & Wedges 	Chicken Tikka with Rice and a Cucumber & Mint Dip 	Chip Shop Fish & Chips
Choice 2 	Spaghetti with a Tomato & Basil Pasta Sauce with Garlic Bread	Quorn Sausage with Mashed Potatoes	Cheese Pizza & Wedges 	Vegetable Pakora with Rice and a Mint Dip 	Egg & Chips
Choice 3 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.) 
Choice 4 	Cheese Savoury Pasta Pot	Tuna & Sweetcorn Sandwich	Wholemeal Pork Sandwich	Egg Roll	Chicken Tikka & Iceberg Lettuce Pitta 
Choice 5 	Cheese Sandwich	Toasted Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
To go with 	Salad Bar	Broccoli	Peas	Sweetcorn	Carrots
		Cauliflower	Baked Beans	Broccoli	Peas/Broad Beans
		Salad Bar	Salad Bar	Salad Bar	Salad Bar

***** Yoghurt & Fresh Fruit are available every day *****



Dessert	Lemon Iced Sponge	Fruits of the Forest Crumble	Selection of Ice Cream	Goey Orange Pudding	Shortbread & 1/2 piece of Fruit
					

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.

