




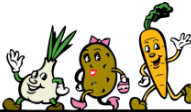





****All of our meals are Home Made with Fresh Vegetables**Fresh Bread is available every day**



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice 1 	Cheesy Tuna Pasta Bake	Creamy Chicken Curry Served with Rice & Naan	Roast Beef, Yorkshire Pudding, Roast Potatoes & Gravy	Pork Sausage & Mashed Potatoes	Beef & Mushroom Pizza with Chips
Choice 2 	Cheesy Vegetable Pasta Bake	Creamy Lentil & Vegetable Curry served with Rice and Naan (S)	Yorkshire Pudding filled with Herby Vegetables	Quorn Sausage & Mashed Potatoes	Cheese & Tomato Pizza with Chips
Choice 3 	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)	Jacket Potato Bar (Choice of fillings, Cheese, Tuna, Baked Beans etc.)
Choice 4 	Wholemeal Ham Roll	Roasted Vegetable Pasta Pot (S)	Egg Mayonnaise Sandwich	Beef & Salad Wrap	Tuna & Sweetcorn White Roll
Choice 5 	Cheese Sandwich	Toasted Cheese Sandwich	Cheese Sandwich	Cheese Sandwich	Cheese Sandwich
To go with 	Broccoli	Peas/Broad Beans	Cabbage (S)	Mixed Veg	Beans
	Seasonal Roasted Veg	Sweetcorn	Carrots (S)	Brussels (S)	Peas
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
 *** Yoghurt & Fresh Fruit are available every day *** 					
Dessert 	Carrot Cake (S)	Cheese & Biscuits with Grapes	Apple & Cinnamon Sponge with Custard (S)	Steamed Jam Pudding & Evaporated Milk	Rice Crispy Cake

Please make your choice by ordering online via Parent Pay

KS1 = FREE, Year 3 - Year 6 = £2.20 per meal

Please note, in order to meet nutritional guidelines, lunch choice 3, the jacket potato option, is intended as a complete meal. Whilst the 'to go with ...' option is available it is not recommended under current guidelines.